

## Clairton City School District

**GINNY L. HUNT, Ed.D.**  
Superintendent

**LAWRENCE J. NICOLETTE, CPA**  
Business Administrator



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To Parents/Guardians:

There have been confirmed cases of Pneumonia at our district and your child may have been exposed to the illness.

The illness is spread by airborne or direct exposure to respiratory droplets from a person who is infected or carrying the virus or bacteria. They're usually found in fluid from the mouth or nose of someone who's infected, so that person can spread the illness by coughing or sneezing. Sharing drinking glasses and eating utensils, and touching the used tissues or handkerchiefs of an infected person also can spread pneumonia. So it's best to keep kids away from anyone with symptoms (stuffy or runny nose, sore throat, cough, etc.) of a respiratory infection.

Please be alert to cold symptoms in your child that worsen.

#### **Symptoms generally include:**

- An abrupt onset of fever/headache
- Shaking or chills
- Cough/sneezing/runny nose
- Chest/abdominal pain
- Disorientation
- Shortness of breath/rapid breathing
- Weakness
- Occasionally a stiff neck

If any of the above symptoms should develop, please contact your healthcare provider for treatment. More so, if your child has a confirmed case of pneumonia please be aware that your child is still considered contagious through the first 24 hours of antibiotics. But your child may not be ready to go back after that first day if she is still overly tired, has chest or belly pain, or is showing other signs of difficulty breathing.

Likewise, wheezing episodes and asthma may keep your child home for a few days if he/she is still needing multiple breathing treatments each day, has signs of distress, or is overly tired.

When it comes to pneumonia and breathing, it may be best to speak with your pediatrician to get a sense of how your child is doing and when your doc thinks he or she can go back to school.

Please call the school's Health Office to report a confirmed diagnosis and/or if you have any questions or concerns.

Sincerely,

Cequcoria Hammonds, BSN, RN

School Nurse

Ph: 412.233.9200 x1124/ Fax: 412.233.4590

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