

# **Clairton City School District Athletic Handbook 2010-2011**



Clairton City School District  
501 Waddell Avenue  
Clairton, PA 15025  
412-233-9200



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Dear Parents and Student Athletes,

Welcome to the 2010-2011 sports program. The purpose of this handbook is to outline the athletic program in order to facilitate an enjoyable and productive athletic and academic year.

The 2010-2011 Athletic Handbook contains information regarding athletic programs, eligibility, athletic courtesy, district policies, rewards, and participation requirements. Please review the information contained in this handbook in order to be aware of all policies that may impact student athletes in the Clairton City School District.

If you have any questions regarding the athletic programs, please contact me at 412-233-9200, ext.1116.

As always, GO BEARS!

Anthony Ferrare  
Athletic Director



## ADMINISTRATIVE ORGANIZATION

### Chain of Command

**A. Board of School Directors:** The Board of School Directors is responsible to the residents of the District and is the ruling agency for the Clairton City School District. It is responsible for interpreting the needs of the community and requirements to the professional organization. Additional responsibilities include:

- Developing policies in accordance with state statutes and mandates in accordance with the educational needs and wishes of the people.
- Approving means by which professional staff may make these policies effective.
- Evaluating the interscholastic athletic program in terms of its value to the community.

**B. Superintendent of Schools:** The superintendent is responsible to administer the schools according to adopted policies of the Board of School Directors, rules and regulations of the State Department of Education, and in accordance with Pennsylvania Public School Code of 1949. It is his/her duty to establish a definite school athletic policy and to have an understanding of that policy. The superintendent shall represent the school district as its chief executive officer and its foremost professional educator in its dealings with other school systems, social institutions, and businesses.

**C. Principal:** The principal is the official representative of the school and is directly responsible for the general attitude of the student body and the conduct of the athletic affairs by the athletic director and the coach. By delegation and by established precedent, the school principal is the official school representative in matters dealing with Clairton Athletics and conference affiliations.

**D. Athletic Director:** The athletic director reports directly to the Principal. The primary responsibility of the athletic director is the administration and supervision of the interscholastic athletic program in the Clairton City School District. The athletic director's duties will be those described in his/her job description and any others as designated. He/she will provide the leadership necessary for the day-to-day operations of the athletic department.

**E. Head Coaches:** All head coaches shall be responsible to the athletic director for the total operation of their respective sports programs. Head coaches will be responsible for the normal duties required of interscholastic competition, those duties described in the coach's job description, and/or any duties delegated by the athletic director.



## Athletics Overview

### Athletics

The interscholastic sports program consists of 6 varsity teams, 3 junior varsity (JV) teams, 1 ninth grade team, and 2 middle school teams. All of these sports compete in the Western Pennsylvania Interscholastic Athletic League (District 7), commonly known as the WPIAL.

- Baseball:** This spring sport is offered to students in grade 9-12.
- Basketball:** This winter sport is offered to girls and boys in grades 7-12. The boys program consists of a varsity, JV, 9<sup>th</sup> grade, and 7 & 8 grade teams. The girls' program consists of a varsity, JV and middle school team. Middle school girls' basketball is played during the fall season.
- Football:** This fall sport is available to students in grades 9-12 and is played at the varsity and junior varsity level.
- Track and Field:** This spring sport is available to students in grades 9-12

### Equipment

The head coach will be responsible for the supervision, distribution and collection of school district equipment. Athletes are responsible for ALL athletic equipment issued to them. Theft will not be tolerated. You are urged to make use of a lock on your athletic locker. Issued equipment that is not returned or is damaged beyond repair must be replaced with original equipment or paid for (market price). Players who do not comply with these regulations will be ineligible to participate on any other school athletic teams, receive a report card, or have credentials transferred to other schools until their debts are resolved.

### Responsibility to Teammates, School, and Community

As a student athlete you must always keep in mind that your actions reflect upon your team, your school, and your community. It is important that you recognize that you are one piece in a rich history of successful athletics in Clairton. Student athletes are responsible to conduct themselves with sportsmanship in mind. *A student athlete may be ruled ineligible to compete in a competition for behavior or conditions that are detrimental to the team, school, or community.*



### **Injury Procedure**

The athletic trainer will be responsible for the prevention, management, and treatment of all athletic injuries. All injuries must be reported to the athletic trainer as soon as possible. Parents/Guardians will be notified of any serious injuries. The athletic trainer, not a coach, will determine whether an injured player is capable of participation in practices and contests.

Any student athlete that receives treatment from a physician as recommended by the athletic trainer as a result of possible injury, must provide a medical release to the athletic trainer before returning to participation in his/her sport.

### **Instructions to Student Athletes**

These basic rules provide guidelines to the student athletes regarding the school building and practice sessions:

- Athletes are not permitted in any part of the building after school except those areas designated by their coaches or the athletic director.
- Athletes should report promptly to after school practices.
- No practices are to be arranged in the school without the presence of a coach or supervisor.
- Students are only to stay after school if a coach is present.
- Athletic shoes with spikes are not to be worn in the school building.
- Athletes will not be permitted to practice or play in contests without a physical and the Drug Policy consent form on file at the school.



## **Athletic Courtesy**

### **PIAA Sportsmanship**

It is unconscionable that a school or any of its employees would subvert the high purposes of interscholastic athletics by condoning any violation of the rules. To involve boys or girls in any practice or procedure which “gets around the rules” is unworthy of a person associated with athletics.

### **ATHLETIC COURTESY**

**Athletics should foster clean sports. It is the privilege and duty of every person connected with athletics to exemplify these principles in that person’s own actions and earnestly advocate them before others.**

- A.** Contest rules are to be regarded as mutual agreements, the spirit or letter of which no honorable person would break. The stealing of advantage in sport is theft.
- B.** No advantages are to be sought over others except those in which the Contest is understood to show superiority.
- C.** Unsportsmanlike or unfair means are not to be used, even when opponents use them.
- D.** Visiting Teams are to be honored guests of the home Team, and should be treated as such.
- E.** No action is to be taken nor course of conduct pursued which would seem unsportsmanlike or dishonorable if known to one’s opponent or the public.
- F.** Remember that student-spectators represent their school the same as student-athletes.
- G.** Any spectator who continually evidences poor sportsmanship should be requested not to attend future Contests.
- H.** Decisions of Contest officials are to be abided by, even when they seem unfair.
- I.** Contest officials and opponents are to be regarded and treated as honest in intention. In Contests when opponents conduct themselves in an unbecoming manner, and when Contest officials are manifestly dishonest or incompetent, future relationship with them should be avoided.
- J.** Good points in others should be appreciated and suitable recognition given.
- K.** The practice of “booing” is regarded as discourteous and unsportsmanlike.

### **Student-Athletes Should:**

- A.** Conduct themselves in a sportsmanlike manner.
- B.** Not use profanity, obscene gestures, and/or obscene language.
- C.** Not seek to provoke opponents, Contest officials, or spectators to engage in improper conduct.
- D.** Not seek to injure opponents.



**Appropriate Communications**

Coaches and the athletic director are responsible for communicating information regarding the athletic program to parents. Parents are responsible for understanding the athletic program's rules, regulations, and requirements and the coaches' expectations.

**Communication/Information Coaches Should Provide to Parents:**

- Eligibility and playing criteria
- Coach's expectations of players and their parents
- Locations and times of all practices and contests
- Team requirements (i.e. special equipment, off-season conditioning, etc.)
- Team rules, guidelines, and disciplinary procedures
- Lettering requirements
- Information regarding procedures to contact coaches

**Communication / Information Parents Should Provide to Coaches:**

- Notification of any schedule conflicts well in advance
- Specific concerns in regard to the coach's philosophy and/or expectations
- Information regarding student injuries and medical condition

**Appropriate Concerns for Parents to Discuss with Coaches:**

- Treatment of their child
- Ways to help their child improve
- Concerns about their child's behavior

**Issues NOT Appropriate to Discuss with Coaches:**

- Playing time / positions / assignments
- Team strategy
- Play calling
- Other student athletes

**Procedures for Discussing Parental Concerns:**

- Parents should not confront coaches or engage in discussion with coaches, either in person or via telephone, immediately before or after a practice or on a game day as discussions during times of high emotions do not promote resolution of issues.
- Parents may discuss concerns with coaches via the telephone or request a meeting with the coach.
- If a parent meeting is desired, the parent should call the coach to schedule an appointment in advance.
- If the coach cannot be reached, the Athletic Director should be contacted to schedule the meeting.
- If the meeting with the coach does not provide satisfactory resolution, the parent may schedule an appointment with the Athletic Director to discuss the situation.
- Coaches may also schedule a meeting with the Athletic Director to discuss issues with parents.



**Clairton City School District Code of Athletic Conduct**

As a member of a Clairton athletic team, you are expected to understand that the REAL athlete:

- Puts academics first and plans his/her time so that sufficient energy is devoted to studies.
- Does not use profanity during contests
- Realizes that officials do not lose a game, but are there for the purpose of insuring that both teams receive a fair deal, provide safety, and they deserve courteous respect.
- Has a good attendance record and should never be truant from classes or school
- Works for the betterment of the school and what is right and good for his/her fellow students.
- Obeys specific training and practice rules of the coach.
- Directly represents the school and community and should conduct themselves appropriately at all times.
- Cares for al equipment as though it was his/her own property.
- Does not employ illegal tactics to gain an undeserved advantage.
- Follows the dress code at all times and remains neat and clean.
- Realizes that they are a part of the team and must play their role, however big or small for the team to succeed.
- Appreciates that coaches and administrators have the best interests of the participants in mind as they plan and conduct the athletic program.
- Appreciates the importance of proper rest, diet, and exercise.
- Is a model of good behavior in school and outside of school.
- Complies with the standards of this code or be subject to dismissal from the team or the coach may determine other disciplinary action.



## **Eligibility**

### **Know Your Eligibility Rules**

A student who participates in interscholastic athletics at a school which is a member of the Pennsylvania Interscholastic Athletic Association, Inc. ("PIAA") must adhere to PIAA eligibility rules. If you fail to comply with these rules, you will lose your eligibility to participate in interscholastic athletics. If you participate while ineligible, you, your school and/or Team will be penalized. It is, therefore, important for you to be aware of the applicable eligibility provisions.

The information contained herein highlights and summarizes the major eligibility requirements you must meet to participate in interscholastic athletics. It does not list every rule or every detail. Unless otherwise indicated, each requirement applies to students in grades 7 through 12, inclusive.

The Principal of your school is responsible for certifying the eligibility of all students representing your school in interscholastic athletics. If you have any questions concerning your athletic eligibility, either now or in the future, you should discuss the matter with your school Principal or Athletic Director. If they are uncertain about a matter, they can request, from your local PIAA District Committee, guidance and even a formal ruling as to your athletic eligibility. A complete copy of the PIAA eligibility rules may be viewed on the PIAA Website at [www.piaa.org](http://www.piaa.org), or may be obtained from your Principal or Athletic Director.

### **Age**

To be eligible to participate in grades 10 through 12, you must not have reached your 19th birthday by June 30 immediately preceding the school year. Where participation is limited to grades 7 and 8, you may not have reached your 15th birthday by June 30 immediately preceding the school year; where participation is limited to grades 7 through 9, you may not have reached your 16th birthday by June 30 immediately preceding the school year.

### **Amateur Status and Awards**

To be eligible to participate in a sport, you must be an amateur in that sport. Amateur status, and eligibility, is lost if you, or your parent(s) or guardian(s), receive money or property for or related to your athletic ability, participation, performance, services, or training in a sport.

You may receive awards only from your school or school-affiliated booster club, the sponsor of an athletic event, a non-profit service organization approved by your school Principal, or the news media. Permissible awards include items of apparel, a blanket, watch, ring, scroll, carry-on or warm-up bag, photograph, medal, plaque, or similar award, which must bear appropriate institutional insignia or comparable identification. The fair market value of items provided to you may not exceed \$200.



### **School of Attendance**

You must be regularly enrolled in and in full-time attendance at a PIAA member school, or be home-schooled.

Generally, you are eligible only at the school at which you are enrolled or, if a home-schooled student, at a public school in the public school district in which you reside. Charter School or Cyber Charter School students should consult with your Principal to determine the school at which you are eligible.

### **Daily Attendance**

Student athletes must be in attendance for the entire school day in order to participate in a contest scheduled on that particular day. This means that tardiness and early dismissals on the day of a contest are not permitted.

If you are absent from school during a semester for a total of 20 or more school days, you will lose your eligibility until you have been in attendance for a total of 45 school days following your 20th day of absence.

### **Consent of Parent or Guardian**

You are eligible only if there is on file with the Principal of your school or his/her designee a certificate signed by your parent(s) or guardian(s) consenting to your participation in Practices, Inter-School Practices, Scrimmages, and/or Contests in the particular sport involved.

### **Comprehensive Initial Pre-Participation Physical Evaluation**

You are eligible only if you have completed a comprehensive initial pre-participation physical evaluation ("CIPPE"), performed by an Authorized Medical Examiner (as that term is defined in the GLOSSARY of the PIAA By-Laws) before your first sport season's first Practice of that school year. If you seek to participate in subsequent sport(s) in the same school year, you may be required to be re-evaluated and re-certified that your physical condition is satisfactory. Check with your Principal or Athletic Director to determine whether re-evaluation and re-certification is needed.

In all cases, an Authorized Medical Examiner must certify, on the PIAA CIPPE form, as to your physical fitness to participate. A CIPPE may be performed no earlier than June 1st; and, regardless of when performed during the school year, remains effective only until the next May 31st.

### **Transfers**

You are treated as having transferred whenever you change schools, even if you are promoted to a higher level school or are out of school for a period of time before entering the new school. If your transfer from one school to another is materially motivated in some way by an athletic purpose you will lose your athletic eligibility in each sport in which you participate within a period of one year immediately preceding the date on which you transferred. This requirement applies even if you would be otherwise eligible at the school to which you transferred.



### **Period of Time After Eighth Grade, Participation, and Grade Repetition**

Your athletic eligibility extends only until you have reached the end of your fourth consecutive year beyond the eighth grade. Therefore, if you repeat a grade after eighth, you will be ineligible as a senior.

Additionally, you may participate in (a) a maximum of six seasons in each sport during grades seven through twelve, (b) a maximum of four seasons in each sport during grades nine through twelve, and (c) a maximum of three seasons in each sport during grades seven through nine.

You may participate in only one season in each sport during each school year.

### **Suspensions, Detentions, and Tutoring**

All students athletes must realize that academics always come before athletics. Eligibility is lost for all days that a student is absent due to a suspension. Detentions and tutoring must always be attended before participating in any athletic event on a given day. Athletic obligations are not excuses for missing detentions and tutoring sessions.

### **Academic and Curricular Requirements**

You must pursue a curriculum defined and approved by your Principal as a full-time curriculum.

Grade requirements for all student athletes in the Clairton City School District are:

*Maintaining a 2.00 GPA OR A 70% when all grades are averaged*

Grade requirements will be checked as of each Friday during a grading period. If you fail to meet the requirements, you will lose your eligibility from the following Sunday through the Saturday immediately following the next Friday as of which you meet this requirement.

If you fail to meet grade requirements on a report card, you will lose your eligibility for 15 school days of the next grading period, beginning on the first day that report cards are issued.

If a student athlete fails to pass four credits with a 60% or above on the Final grades, Summer School can be used to achieve this requirement.



## Athletic Awards

### Letter Requirements

Requirements for lettering in a sport will be determined by that sport's head coach. The head coach will then inform the athletic director of the names of student athletes that lettered in each sport each season.

### Letterman Jackets

Letterman jackets are optional to purchase. Student athletes can contact the athletic director to obtain information regarding purchasing and ordering letterman jackets.

Letterman jackets are purchased by the student athlete, not by the school district.

### Pins

The first time a student athlete letter, they will receive a letter "C". Each subsequent time an athlete letters, the pin will be given to that athlete to be pinned to the original letter that was achieved.

### Senior Recognition

Each student that is both an academic senior and an athletic senior will be honored during a Senior Recognition ceremony held during a home contest near the end of the regular season of their senior year in each sport. If any senior is ineligible to compete in the contest that day or night, they are also ineligible to participate in the Senior Recognition ceremony.

## Drug Policy

### Drug Policy – District Policy 227.1

The Board of Directors of the Clairton City School District recognizes that the use and abuse of drugs, alcohol and mood-altering substances by students has a negative effect on these students. With the health and safety of the students in mind, the Clairton City School District will work to educate, prevent, and intervene in the use and abuse of all drugs, controlled substances, alcohol, and mood-altering substances by students.

Prior to participation in any extracurricular activities/athletics, a school administrator must witness each student athlete and his/her parent/guardian sign a consent form acknowledging that **the school district has the right to randomly test any members of the student body at any appropriate time.**



## Off-Season

### Weight Room Rules – District Policy 707

Board Policy No. 707, Use of School Facilities, permits the use of public school facilities for community purposes subject to policies and regulations as adopted by the Board of Education and Pennsylvania School Code. It provides a comprehensive set of guidelines and procedures to govern the use of public school facilities, including the wellness center and weight room. Persons wishing to use the wellness center and/or weight room should complete the appropriate application for use of school facilities.

It shall be the responsibility of the athletic director and/or administration to schedule the use of the wellness center and/or weight room in such a manner as to adhere to Policy No. 707.

Generally, this means that:

1. No adult usage will be permitted during the student day. If the adult is an employee of the district, use will not be permitted during the employee's workday, except for student instructional purposes.
2. The facility will be open to Clairton City School District employees from 3:30 to 4:30 p.m. Monday through Friday, after which time the facility will be open for students accompanied by a coach, trainer or Board-approved assistant.
3. No adult usage will be permitted during hours that district personnel are not available to provide access to the facility.

### Coaches' Rules and Pre-Season Compliance

Each head coach is trusted by the Clairton City School District to execute effective off-season programs and conditioning sessions. These sessions must all adhere to the PIAA by-laws and all district policies.

Student athletes are urged to comply with the head coach's programs in order to effectively prepare themselves for upcoming athletic seasons. Pre-season compliance is a terrific method to reach your potential as an athlete.

### Hazing Policy

The purpose of this policy is to maintain a safe, positive environment for students and staff that is free from hazing. For purposes of this policy **hazing** is defined as any activity that recklessly or intentionally endangers the mental health, physical health or safety of a student or causes willful destruction or removal of public or private property for the purpose of initiation or membership in or affiliation with any organization recognized by the Board.



### **Hazing Policy (Continued)**

Any hazing activity, whether by an individual or a group, shall be presumed to be a forced activity, even if a student willingly participates. The Board directs that no administrator, coach, sponsor, volunteer or district employee shall permit, condone or tolerate any form of hazing.

Each incident of hazing will be individually investigated by district administration and all parties involved will be subject to appropriate disciplinary action. Hazing will not be tolerated by the Clairton City School District.

### **NCAA Eligibility**

Student athletes should conduct a meeting with their high school coach(es) at the end of their junior season. Students should let their coaches know that they are very interested in participating in college athletics and should discuss their potential as an NCAA Division I, II, or III player. Athletes should not be afraid to ask for their coach's help in the recruitment process. Coaches will help students, but there are limitations as to how much they can do. There are over 3000 colleges and universities that offer athletic programs. Contacting each and every one of them is impossible for a high school coach.

Levels of Play:

#### **1. National Collegiate Athletic Association (NCAA)**

- NCAA Division I. This is the highest level of play and they offer the most scholarships. These are the large schools with large student populations.
- NCAA Division II. Smaller specialty schools that provide scholarships as well as financial aid grants.
- NCAA Division III. No athletic scholarships but many high school graduates receive academic scholarships, financial aid, grants, and jobs on campus, also known as work study programs.

#### **2. National Association of Intercollegiate Athletics**

NAIA can give athletic scholarships as well as other benefits to enable a player to attend school.

#### **3. National Junior College Athletic Association (NJCAA)**

Financial aid is provided for the cost of tuition and books. If you are not ready physically or mentally to attend a 4-year college, then a junior college that offers athletic programs may be the answer.

Once a student has established that participating in college athletics is a goal, an athlete should begin to market him/herself. A student can only be offered a college scholarship if a college coach or scout has had an opportunity to see the student/athlete play. Therefore it is important that students market themselves to the colleges of their choice.



**NCAA Eligibility (Continued)**

The following are some recommendations to aid the student/athlete in his/her quest to seek a college scholarship:

1. Go to the guidance office or the internet and obtain addresses of the colleges that you would be interested in attending both for academics as well as athletics. Pick a school that you would be happy attending even if you were not going to participate in athletics.
2. Prepare a letter to be sent to college coaches (sample attached).
3. Prepare a resume of your career (sample attached).
4. Prepare a highlight tape and game tape to send **upon request** from the coach of the college/university that you have sent your resume to (be sure to label your game tape with the appropriate information – name, address, school name, etc.) Do not send whole games. Create a highlight film that lasts about 5 minutes. If this tape sparks a coach's interest then he/she will request more film at a later date.
5. If you participate in an AAU type of summer activity for your particular sport, include a summer schedule for the coach to be able to come and see you play. Send the information before you are in your junior and/or senior season. The best advice would be to send it immediately after the signing of the last recruiting season ahead of you.

The majority of the colleges will send you a questionnaire; complete it and return it to the colleges immediately. Complete all questionnaires regardless if you are interested in the school.

**If you are an outstanding student, you will have opportunities to obtain athletic and academic scholarships.** Many of the top academic universities have stringent minimum academic entrance requirements where many athletes cannot qualify. Talk with your guidance counselor/coach to obtain the names of academic universities in which you may obtain an athletic scholarship. This is a great opportunity for you if you are an outstanding student.

It is suggested that you attend a summer camp to increase your chances of being noticed. You will have the opportunity to perform in front of the college coaching staff for four or five days. Your high school coach or the athletic director can help you obtain information for summer camps.

If all else fails, you have the opportunity to walk on at the college of your choice and have the chance to earn a college scholarship later. It is very feasible to walk on a team and earn a partial or full scholarship for your remaining years if you become a starter.



## SAMPLE LETTER

Your Address

Date

College Address

Dear Coach (Coach's last name):

I am currently a junior at Clairton High School, which is located outside of Pittsburgh, Pennsylvania. I will graduate in the spring of (Graduation Year) and am very interested in (name of university/college) and the programs, both athletic and academic, that you have to offer.

I play (position and/or sport) and after having a very successful junior season, I am looking seriously at the possibility of continuing to play at the college level. Would you please evaluate my credentials and give me your consideration as a scholarship candidate? I have enclosed a resume and I can provide a highlight tape from my high school career upon request.

Your consideration would be greatly appreciated, and I look forward to hearing from you soon.

Sincerely,

(your name typed here)

Enclosures: Resume

Highlight Video

Letters of Reference



## SAMPLE RESUME

### Personal Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Parents: \_\_\_\_\_ Year of Graduation: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ 40 Time: \_\_\_\_\_

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### High School Information

Clairton High School      Coach: \_\_\_\_\_ Phone: \_\_\_\_\_  
501 Waddell Avenue      Counselor: \_\_\_\_\_ Phone: \_\_\_\_\_  
Clairton, PA 15025      Sport(s): \_\_\_\_\_

### Academic Performance

GPA \_\_\_\_\_ Class Rank \_\_\_\_\_

PSAT:      Verbal: \_\_\_\_\_ Math: \_\_\_\_\_

SAT:      Verbal: \_\_\_\_\_ Math: \_\_\_\_\_

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### College Interests

Academic area (major) you wish to pursue in college: \_\_\_\_\_

Sport(s) you wish to play in college: \_\_\_\_\_